








BERKHAMPSTEAD DAY NURSERY

MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
					
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Week 1	Wholemeal French stick, cheese, ham slice with apple and grapes	Cheese and potato pie with sweetcorn and yoghurt pots	Savoury Mince with breadsticks and raisins	Sandwiches/rolls with mini fish bites, carrot sticks and Angel Delight	Sandwiches/wraps with chicken bites, cucumber sticks and melon slice
Week 2	Sandwiches/rolls with mini fish bites, carrot sticks and Angel Delight	Sandwiches/wraps with chicken bites, cucumber sticks and melon slice	Tuna and sweetcorn pasta salad with pineapple slice	Bread and butter fingers with vegetable sticks and hummus and pears	Wholemeal French stick, cheese, ham slice with apple and grapes
Week 3	Chunky Vegetable soup with wholemeal bread	Sandwiches/wraps with chicken bites, cucumber sticks and melon slice	Sandwiches/rolls with mini fish bites, carrot sticks and Angel Delight	Mediterranean pasta bake with pineapple slice	Wholemeal French stick, boiled egg, ham slice with apple and grapes