








# BERKHAMPSTEAD DAY NURSERY

## MENU

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Menu					
Main Meal	Chicken Curry with Rice	Shepherd's Pie with chunky bread	Roast pork with roast potatoes and gravy	Beef stew with new potatoes	Salmon and Broccoli Bake
Vegetables and potatoes	Green beans and sliced carrots	Cauliflower and peas	Baton carrots and broccoli	Green beans and diced swede	Medley of vegetables
Vegetarian meal	Chickpea Curry with Rice	Vegetable Pie and chunky bread	Cauliflower cheese	Sweet and sour vegetables	Leek and Mushroom pasta
Pudding	Fresh Fruit platter	Rice pudding or fresh fruit	Yoghurt pot	Banana and custard	Raisin pot